

Faculty of Medicine / HIGHER MEDICAL SCHOOL / PALLIATIVE CARE

Course:	PALLIATIVE CARE			
Course ID	Course status	Semester	ECTS credits	Lessons (Lessons+Exercises+Laboratory)
10740	Mandatory	5	4	2+3+0
Programs	HIGHER MEDICAL SCHOOL			
Prerequisites	There are no strings attached			
Aims	Mastering knowledge, skills and attitudes for the effective provision of palliative care and care for terminally ill patients and support for their families. Application of the concept of palliative medicine in practical situations, pain therapy, relief from symptoms, psychosocial and spiritual aspects and needs of patients. Integrating palliative care skills into the medical study program in the form of communication skills, teamwork and ethics. Determining an individual therapeutic plan for palliative patients, their care and ways of supporting terminally ill patients.			
Learning outcomes	He has the knowledge and skills to effectively provide palliative care and care for terminally ill patients and support their families. Able to apply pain therapy, relieve the patient from symptoms of various organ systems and act in the direction of his various needs. He has mastered the necessary communication skills, methods of multidisciplinary team work and ethical principles. It determines the individual therapeutic plan for palliative patients, their care and ways of supporting incurable patients.			
Lecturer / Teaching assistant	Irena Radoman Vujacic			
Methodology	Theoretical teaching, practical teaching and seminar papers			
Plan and program of work				
Preparing week	Preparation and registration of the semester			
I week lectures	The concept of palliative care and methods of care for incurable patients.			
I week exercises	Anamnesis in a terminal patient			
II week lectures	Symptom control in terminally ill patients.			
II week exercises	physical examination of a terminal patient			
III week lectures	Chronic pain syndrome			
III week exercises	Determining the intensity of chronic pain and its assessment			
IV week lectures	Therapy of gastrointestinal and alimentary symptoms			
IV week exercises	therapeutic plan of gastrointestinal tract symptoms			
V week lectures	Metabolic and respiratory problems of terminal patients			
V week exercises	Therapeutic plan for respiratory symptoms in terminal patients			
VI week lectures	Genitourinary and neurological symptoms and their treatment.			
VI week exercises	Determination of the therapeutic plan for genitourinary and neurological symptoms			
VII week lectures	Psychological aspects of terminal illness.			
VII week exercises	Getting to know the psychological aspects of terminal illnesses			
VIII week lectures	Management of skin and other significant symptoms in terminal patients			
VIII week exercises	Symptomatic therapy and treatment plan for skin changes			
IX week lectures	Communication skills with the patient and his family.			
IX week exercises	Communication skills with terminally ill patients and their families			
X week lectures	Ways to overcome negative influences on healthcare workers during palliative care.			
X week exercises	Defense mechanisms against burnout syndrome in healthcare workers			
XI week lectures	Principles of palliative medicine in the geriatric population.			
XI week exercises	Symptomatic therapy in the elderly patient population			
XII week lectures	Multidisciplinary work and coordination in the palliative care team.			
XII week exercises	Determination of roles and tasks in the palliative care team			
XIII week lectures	Care and support for the patient in the last hours of life.			

XIII week exercises	Measures and activities related to support for terminally ill patients					
XIV week lectures	Psycho-oncology and the loss of a loved person					
XIV week exercises	Communication with the family of a terminal patient					
XV week lectures	Ethical, existential and spiritual issues in palliative medicine					
XV week exercises	Spiritual and social aspects of palliative care					
Student workload	In the semester Teaching and final exam: (5.33 hours) x 16 = 85.28 hours					
Per week	Per semester					
4 credits x 40/30=5 hours and 20 minuts 2 sat(a) theoretical classes 0 sat(a) practical classes 3 excercises 0 hour(s) i 20 minuts of independent work, including consultations	Classes and final exam: 5 hour(s) i 20 minuts x 16 =85 hour(s) i 20 minuts Necessary preparation before the beginning of the semester (administration, registration, certification): 5 hour(s) i 20 minuts x 2 =10 hour(s) i 40 minuts Total workload for the subject: 4 x 30=120 hour(s) Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) 24 hour(s) i 0 minuts Workload structure: 85 hour(s) i 20 minuts (cources), 10 hour(s) i 40 minuts (preparation), 24 hour(s) i 0 minuts (additional work)					
Student obligations	Attendance at theoretical and practical classes. Obligatory seminar papers					
Consultations						
Literature	1. Todorović V., Nikolić G., Gligorov J. et al. General clinical Oncology and palliative care. Faculty of Medicine, University of Montenegro 2009. 2. Catane R., Cherny N., Kloke M. Handbook of Advanced Cancer Care European Society for Medical Oncology 2006. 3. Dawning J, Miličević N., Haraldsdottir E, Ely J. Palliative medicine - handbook for medical students, Faculty of Medicine, Belgrade, 2012.					
Examination methods	Lectures 0-10 points, exercises 0-20 points, 2 seminar papers and case reports 0-10 points, final exam up to 50 points A passed exam implies a cumulative total of 50 points and more. Graded: Passed/failed					
Special remarks						
Comment						
Grade:	F	E	D	C	B	A
Number of points	less than 50 points	greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points