

Faculty of Philosophy / PRE-SCHOOL EDUCATION / Physical Education

<b>Course:</b>	Physical Education			
<b>Course ID</b>	<b>Course status</b>	<b>Semester</b>	<b>ECTS credits</b>	<b>Lessons</b> (Lessons+Exercises+Laboratory)
812	Mandatory	1	5	2+2+0
<b>Programs</b>	PRE-SCHOOL EDUCATION			
<b>Prerequisites</b>	There are no requirements for registering and listening to the subject			
<b>Aims</b>	Recognizes the growth characteristics of preschool children 2. Develops a permanent need for regular physical activity in order to preserve health 3. Develops and applies health and hygiene habits 4. Apply natural forms of movement in different physical activities 5. Develops traits and abilities in accordance with the development of preschool children 6. Determines body deformities			
<b>Learning outcomes</b>	Acquaintance of students with the basic terms and tasks of physical education in order to successfully apply the acquired knowledge in work with children of preschool age			
<b>Lecturer / Teaching assistant</b>	Full professor Rasid Hadzic, MSc Milena Mitrovic			
<b>Methodology</b>	Lectures, practical lectures, exercises, colloquiums, consultations, final knowledge test			
<b>Plan and program of work</b>				
Preparing week	Preparation and registration of the semester			
I week lectures	Introductory lecture			
I week exercises	Introductory lecture			
II week lectures	Importance, goal and tasks of physical education			
II week exercises	Application of natural forms of movement			
III week lectures	Importance, goal and tasks of physical education			
III week exercises	Exercises on the ground, rolling, rocking in gray, roll forward			
IV week lectures	Anthropological characteristics of preschool children			
IV week exercises	Exercises on the floor, roll, roll back			
V week lectures	Anthropological characteristics of preschool children			
V week exercises	Candle, draw bridge			
VI week lectures	Physical activity of preschool children			
VI week exercises	Exercises for the development of back muscles and lower limb muscles			
VII week lectures	COLLOQUIUM 1			
VII week exercises				
VIII week lectures	Formation of proper body posture			
VIII week exercises	Exercises for developing shoulder girdle and back muscles			
IX week lectures	Physical deformities			
IX week exercises	Corrective exercises			
X week lectures	Natural forms of movement			
X week exercises	Cramp over goatee			
XI week lectures	Crawling, crawling, walking and running			
XI week exercises	Crawling, crawling, walking and running			
XII week lectures	Jumping, climbing, jumping, rolling, rolling			
XII week exercises	Distribution through goats			
XIII week lectures	COLLOQUIUM 2			
XIII week exercises				
XIV week lectures	Passing, catching, lifting, throwing, carrying			
XIV week exercises	Pushing, pulling, pulling, resisting			

XV week lectures		Pushing, pulling, pulling, resisting				
XV week exercises		Attitude about fists				
<b>Student workload</b>		ECTS STUDENT LOAD 4 ETCS x 40/30 = 4 hours 1 hour and 30 minutes of lectures 2 hours and 30 minutes of practice				
<b>Per week</b>			<b>Per semester</b>			
<b>5 credits x 40/30=6 hours and 40 minuts</b> 2 sat(a) theoretical classes 0 sat(a) practical classes 2 excercises <b>2 hour(s) i 40 minuts</b> of independent work, including consultations			Classes and final exam: <b>6 hour(s) i 40 minuts x 16 =106 hour(s) i 40 minuts</b> Necessary preparation before the beginning of the semester (administration, registration, certification): <b>6 hour(s) i 40 minuts x 2 =13 hour(s) i 20 minuts</b> Total workload for the subject: <b>5 x 30=150 hour(s)</b> Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) <b>30 hour(s) i 0 minuts</b> Workload structure: <b>106 hour(s) i 40 minuts (cources), 13 hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work)</b>			
<b>Student obligations</b>			Students are required to attend theoretical and practical classes and take colloquiums and exams			
<b>Consultations</b>			Monday 10 a.m.			
<b>Literature</b>			Blagajac, S. (1995). The game is my food. Subotica. Džinović-Kojić, D. (2002). Physical education of preschool children. Belgrade.			
<b>Examination methods</b>			attendance at lectures: 5 points engagement in class: 5 points to the colloquium for 15 points practical teaching 10 points final exam 50 points A passing grade is obtained when at least 50 points are scored.			
<b>Special remarks</b>			The student will receive the implementation plan by thematic units and terms at the beginning of the semester.			
<b>Comment</b>						
<b>Grade:</b>	F	E	D	C	B	A
<b>Number of points</b>	less than 50 points	greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points