

## ECTS catalog with learning outcomes University of Montenegro

## Faculty of Philosophy / TEACHER`S EDUCATION / Teaching Methods for Physical Education II

Course:	Teaching Methods for Physical Education II									
Course ID	Course status	Semester	ECTS credits	<b>Lessons</b> (Lessons+Exer cises+Laboratory)						
4146	Mandatory	8 5		1+1+0						
Programs	TEACHER'S EDUCATION									
Prerequisites	There are no requirements for registering and listening to the subject									
Aims	Getting to know and mastering the theoretical foundations of physical culture. Getting to know the values, biological and psychological laws and humanistic orientations of physical culture.									
Learning outcomes	Analyzes and plans the teaching of physical education provided by the curriculum for the first two cycles of elementary school; 2. Independently, creatively adapts and improves methodical procedures and finds solutions adapted to the age of students, conditions and work environment; 3. Understands the basic principles, methods, forms of work and workload in the physical education class, recognizes them and practically applies them; 4. Values student achievements and activities: motor skills, technical-tactical skills. and engagement in teaching; 5. Organizes the teaching process in the first two cycles of elementary school, both in the domain of regular teaching and for other types of teaching: free activities of students, sports competitions and activities in nature;									
Lecturer / Teaching assistant	prof. dr Milovan Ljubojević mr. Milena Mitrović									
Methodology	theoretical and practical lectures, exercises, consultations, seminar work, colloquiums, realization of classes in schools and final exam									
Plan and program of work										
Preparing week	Preparation and registration of the semester									
I week lectures	Introduction to the content and method of studying the subject									
I week exercises	Introduction to the content and method of studying the subject.									
II week lectures	Preventive measures in the organization of physical education classes									
II week exercises	Exercises in school									
III week lectures	Programming and planning in physical education									
III week exercises	Exercises in school									
IV week lectures	Monitoring, checking and evaluation									
IV week exercises	Exercises in school									
V week lectures	Content monitoring and verification									
V week exercises	Exercises in school									
VI week lectures	I midterm (exam)									
VI week exercises	Exercises in school									
VII week lectures	Grading in physical education classes.									
VII week exercises	Exercises in school									
VIII week lectures	Basics of the teaching process									
VIII week exercises	Exercises in school									
IX week lectures	Student - teacher									
IX week exercises	Exercises in school									
X week lectures	Organization of competitions at younger school age									
X week exercises	Exercises in school									
XI week lectures	Premises, equipment and means of work									
XI week exercises	Exercises in school									
XII week lectures	Record of work									
XII week exercises	Exercises in school									
XIII week lectures	II midterm (exam)									



## ECTS catalog with learning outcomes University of Montenegro

XIII week ex	cercises	Exercises in school								
XIV week le	ctures	Extracurricular activities								
XIV week ex	kercises	Exercises in school								
XV week led	ctures	Evaluation of the material covered								
XV week ex	ercises	Evaluation of the material covered								
Student w		40 minutes of independent work including consultation (During the semester: Classes and final exam: 2 hours and 40 minutes x $16 = 42$ hours and 40 minutes Necessary preparations before the beginning of the semester (administration, enrollment, certification) $2 \times 4$ hours) $= 8$ hours Total workload for the course $2 \times 30 = 60$ hours Supplementary work for exam preparation during the make-up exam period, including taking the make-up exam from 0 to 10 hours Load structure: 42 hours and 40 minutes (Teaching) $+ 8$ hours. (preparation) $+ 10$ hours (additional work) administration, registration, certification: $2 \times (6$ hours and 40 minutes) $= 13$ hours and 20 minutes Total workload for the course: $5 \times 30 = 150$ hours Additional work for exam preparation in the make-up exam period, including taking the make-up exam from $0 - 30$ hours. Load structure: $106$ hours and $40$ minutes (teaching) $+ 13$ hours and 20 minutes (preparation) $+ 30$ hours (additional work)								
Per week			Per semester							
5 credits x 40/30=6 hours and 40 minuts 1 sat(a) theoretical classes 0 sat(a) practical classes 1 excercises 4 hour(s) i 40 minuts of independent work, including consultations			Classes and final exam: 6 hour(s) i 40 minuts x 16 =106 hour(s) i 40 minuts Necessary preparation before the beginning of the semester (administration, registration, certification): 6 hour(s) i 40 minuts x 2 =13 hour(s) i 20 minuts Total workload for the subject: 5 x 30=150 hour(s) Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) 30 hour(s) i 0 minuts Workload structure: 106 hour(s) i 40 minuts (cources), 13 hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work)							
Student obligations			students are required to attend classes and colloquiums.							
Consultations			Tuesday, at 12:00							
Literature			Višnjić, D., Jovanović,A., Miletić, K.(2004): Teorija i metodika fizičkog vaspitanja, Fakultet sporta i fizičkog vaspitanja Beograd,							
Examination methods			Ocjenjuju se: Prisustvo nastavi 6 poena, - Pisana priprema 5x2 =10 poena - Dva kolokvija po 10 poena - Dva časa po 7 poena - Završni ispit 50 poena Prelazna ocjena se dobija ako se kumulativno sakupi najmanje 50 poena							
Special remarks										
Comment										
Grade:	F		Е	D	С	В	А			
Number of points	less than 50 points		greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points			