ECTS catalog with learning outcomes University of Montenegro

Faculty of Philosophy / TEACHER`S EDUCATION / Teaching Methods for Physical Education II

| Course: | Teaching Methods for Physical Education II |  |  |  |
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| Course ID | Course status | Semester | ECTS credits | Lessons (Lessons+Exer cises+Laboratory) |
| 4146 | Mandatory | 8 | 5 | $1+1+0$ |
| Programs | TEACHER`S EDUCATION |  |  |  |
| Prerequisites | There are no requirements for registering and listening to the subject |  |  |  |
| Aims | Getting to know and mastering the theoretical foundations of physical culture. Getting to know the values, biological and psychological laws and humanistic orientations of physical culture. |  |  |  |
| Learning outcomes | Analyzes and plans the teaching of physical education provided by the curriculum for the first two cycles of elementary school; 2. Independently, creatively adapts and improves methodical procedures and finds solutions adapted to the age of students, conditions and work environment; 3. Understands the basic principles, methods, forms of work and workload in the physical education class, recognizes them and practically applies them; 4. Values student achievements and activities: motor skills, technical-tactical skills. and engagement in teaching; 5. Organizes the teaching process in the first two cycles of elementary school, both in the domain of regular teaching and for other types of teaching: free activities of students, sports competitions and activities in nature; |  |  |  |
| Lecturer / Teaching assistant | prof. dr Milovan Ljubojević mr. Milena Mitrović |  |  |  |
| Methodology | theoretical and practical lectures, exercises, consultations, seminar work, colloquiums, realization of classes in schools and final exam |  |  |  |
| Plan and program of work |  |  |  |  |
| Preparing week | Preparation and registration of the semester |  |  |  |
| I week lectures | Introduction to the content and method of studying the subject |  |  |  |
| I week exercises | Introduction to the content and method of studying the subject. |  |  |  |
| Il week lectures | Preventive measures in the organization of physical education classes |  |  |  |
| Il week exercises | Exercises in school |  |  |  |
| III week lectures | Programming and planning in physical education |  |  |  |
| III week exercises | Exercises in school |  |  |  |
| IV week lectures | Monitoring, checking and evaluation |  |  |  |
| IV week exercises | Exercises in school |  |  |  |
| $V$ week lectures | Content monitoring and verification |  |  |  |
| $\checkmark$ week exercises | Exercises in school |  |  |  |
| VI week lectures | I midterm (exam) |  |  |  |
| VI week exercises | Exercises in school |  |  |  |
| VII week lectures | Grading in physical education classes. |  |  |  |
| VII week exercises | Exercises in school |  |  |  |
| VIII week lectures | Basics of the teaching process |  |  |  |
| VIII week exercises | Exercises in school |  |  |  |
| IX week lectures | Student - teacher |  |  |  |
| IX week exercises | Exercises in school |  |  |  |
| X week lectures | Organization of competitions at younger school age |  |  |  |
| X week exercises | Exercises in school |  |  |  |
| XI week lectures | Premises, equipment and means of work |  |  |  |
| XI week exercises | Exercises in school |  |  |  |
| XII week lectures | Record of work |  |  |  |
| XII week exercises | Exercises in school |  |  |  |
| XIII week lectures | II midterm (exam) |  |  |  |

| XIII week exercises |  | Exercises in school |  |  |  |  |
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| XIV week lectures |  | Extracurricular activities |  |  |  |  |
| XIV week exercises |  | Exercises in school |  |  |  |  |
| XV week lectures |  | Evaluation of the material covered |  |  |  |  |
| XV week exercises |  | Evaluation of the material covered |  |  |  |  |
| Student workload |  | 40 minutes of independent work including consultation (During the semester: Classes and final exam: 2 hours and 40 minutes $\times 16=42$ hours and 40 minutes Necessary preparations before the beginning of the semester (administration, enrollment, certification) $2 \times 4$ hours) $=8$ hours Total workload for the course $2 \times 30=60$ hours Supplementary work for exam preparation during the make-up exam period, including taking the make-up exam from 0 to 10 hours Load structure: 42 hours and 40 minutes (Teaching) +8 hours. (preparation) +10 hours (additional work) administration, registration, certification: $2 \times$ ( 6 hours and 40 minutes) $=13$ hours and 20 minutes Total workload for the course: 5 $\times 30=150$ hours Additional work for exam preparation in the make-up exam period, including taking the make-up exam from 0-30 hours. Load structure: 106 hours and 40 minutes (teaching) +13 hours and 20 minutes (preparation) +30 hours (additional work) |  |  |  |  |
| Per week |  |  | Per semester |  |  |  |
| 5 credits $\times 40 / 30=6$ hours and 40 minuts <br> 1 sat(a) theoretical classes <br> 0 sat(a) practical classes <br> 1 excercises <br> 4 hour(s) i 40 minuts <br> of independent work, including consultations |  |  | Classes and final exam: <br> $\mathbf{6}$ hour(s) i $\mathbf{4 0}$ minuts $\mathbf{x} \mathbf{1 6} \mathbf{= 1 0 6}$ hour(s) i $\mathbf{4 0}$ minuts <br> Necessary preparation before the beginning of the semester (administration, registration, certification): <br> $\mathbf{6}$ hour(s) i $\mathbf{4 0}$ minuts $\mathbf{x} \mathbf{2}=\mathbf{1 3}$ hour(s) i $\mathbf{2 0}$ minuts <br> Total workload for the subject: <br> $\mathbf{5 \times 3 0 = 1 5 0}$ hour(s) <br> Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) <br> 30 hour(s) i 0 minuts <br> Workload structure: $\mathbf{1 0 6}$ hour(s) i $\mathbf{4 0}$ minuts (cources), $\mathbf{1 3}$ hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work) |  |  |  |
| Student obligations |  |  | students are required to attend classes and colloquiums. |  |  |  |
| Consultations |  |  | Tuesday, at 12:00 |  |  |  |
| Literature |  |  | Višnjić, D., Jovanović,A., Miletić, K.(2004): Teorija i metodika fizičkog vaspitanja, Fakultet sporta i fizičkog vaspitanja Beograd, |  |  |  |
| Examination methods |  |  | Ocjenjuju se: Prisustvo nastavi 6 poena, - Pisana priprema $5 \times 2=10$ poena Dva kolokvija po 10 poena - Dva časa po 7 poena - Završni ispit 50 poena Prelazna ocjena se dobija ako se kumulativno sakupi najmanje 50 poena |  |  |  |
| Special remarks |  |  |  |  |  |  |
| Comment |  |  |  |  |  |  |
| Grade: | F | E | D | C | B | A |
| Number of points | less th points | greater than or equal to 50 points and less than 60 points | greater than or equal to 60 points and less than 70 points | greater than or equal to 70 points and less than 80 points | greater than or equal to 80 points and less than 90 points | greater than or equal to 90 points |

