

Faculty for Sport and Physical Education / PHYSICAL EDUCATION / Methodology of Teaching of Physical Education with

Course:	Methodology of Teaching of Physical Education with			
Course ID	Course status	Semester	ECTS credits	Lessons (Lessons+Exercises+Laboratory)
4619	Mandatory	2	5	3+4+0
Programs	PHYSICAL EDUCATION			
Prerequisites	There are no prerequisites required for signing up for this course			
Aims	The aim of the course is to enable students to independently perform all programmes and organizational forms of work in physical education in the second and third cycle of primary school and in secondary school. The aim is also to equip the students with the knowledge for independent planning, programming, preparation, recording, and marking in physical education.			
Learning outcomes	Having passed this course, the student will be able to: 1. Directly and in a high quality manner perform the pedagogical tasks in physical education in school; 2. Work with school documentation and basic administration lead by the teacher and the teacher leading the class, as well as with the work of the class and school board and other bodies within the school; 3. In a high quality manner produce and carry out the plan and programme for physical education for the students of the first and second cycle of primary school and secondary school; 4. Practically perform all organisational forms of work; 5. Balance, distribute and perform control of the body stress in a physical education class. 6. Observe and assess the effects of physical exercising on the development of student in the primary and secondary school.			
Lecturer / Teaching assistant	Doc. Dr Aldijana Nokić, mr Marija Bubanja, Milena Mitrovic, prof., assistant			
Methodology	Theoretical and practical lectures, exercises, seminar papers, consultations.			
Plan and program of work				
Preparing week	Preparation and registration of the semester			
I week lectures	Observing and assessing in physical education (general characteristics, aims, importance and types).			
I week exercises				
II week lectures	Assessment methods			
II week exercises				
III week lectures	The content of observing and assessing.			
III week exercises				
IV week lectures	Organising assessment. Marking, importance, role, types and principles of marking.			
IV week exercises				
V week lectures	Contents, method and technique of marking			
V week exercises				
VI week lectures	Mid-term exam			
VI week exercises				
VII week lectures	Programming in physical education teaching. The notion and definition of programming. Characteristics of programming.			
VII week exercises				
VIII week lectures	Stages of programming. The model of programming.			
VIII week exercises				
IX week lectures	The characteristics of the teaching plan and programme for physical education in the second and third cycle of primary school and for secondary school.			
IX week exercises				
X week lectures	The role, position and importance of the teacher and student in the educational process.			
X week exercises				
XI week lectures	Physical education teacher as a professional, educator and community worker.			
XI week exercises				

XII week lectures	Second exam					
XII week exercises						
XIII week lectures	Work record and school documentation.					
XIII week exercises						
XIV week lectures	Acquainting with the work of teachers in school administrative bodies (school board, class board, class community). - Specific issues in school work (timetable, shifts, teaching organisation outside of timetable).					
XIV week exercises						
XV week lectures	Final exam					
XV week exercises						
Student workload	Weekly: 5 credits x 40/30 = 6 hours and 40 minutes Structure of the workload: 2 hours of lectures 4 hours of exercises 40 minutes of independent work, including consultations. During the semester: Lectures and final exam: 6,40 x 16= 106,40 hours Necessary preparations before the start of the semester (administration, registration, certification) 2 x (6 hours 40 minutes) = 13 hours 20 min. Total hours for the course: 5 x 30 = 150 hours Additional work for the preparation of the makeup final exam, including taking the makeup final exam from 0 to 30 hours (the remaining time of the first two elements of the total workload for the course 150 hours). Structure of the workload: 106,40 hours (teaching) + 13 hours 20 min. (preparation) + 30 hours (additional work)					
Per week			Per semester			
5 credits x 40/30=6 hours and 40 minuts 3 sat(a) theoretical classes 0 sat(a) practical classes 4 excercises -1 hour(s) i 40 minuts of independent work, including consultations			Classes and final exam: 6 hour(s) i 40 minuts x 16 =106 hour(s) i 40 minuts Necessary preparation before the beginning of the semester (administration, registration, certification): 6 hour(s) i 40 minuts x 2 =13 hour(s) i 20 minuts Total workload for the subject: 5 x 30=150 hour(s) Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) 30 hour(s) i 0 minuts Workload structure: 106 hour(s) i 40 minuts (courses), 13 hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work)			
Student obligations			Students are obliged to attend the lectures, do seminar papers, do exams and the final exam and hold classes as part of the school practice according to the programme.			
Consultations			On Mondays at 10 am			
Literature			1. Findak, V. (1995). Metodika tjelesne i zdravstvene kulture u predškolskom odgoju. Zagreb: Školaska knjiga. 2. Findak, V. (1996). Metodika tjelesne i zdravstvene kulture u osnovnoj školi. Zagreb: Školaska knjiga. 3. Findak, V. (1999). Metodika tjelesn			
Examination methods			Two exams 15 points each (30 points in total); - Seminar paper (producing a written preparation for a physical education class) 5 points; - Practical work - mark for exercises 10 points; - Attendance and participation 5 points; -			
Special remarks						
Comment						
Grade:	F	E	D	C	B	A
Number of points	less than 50 points	greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points